

IN flame zone

Fire walking information



**The Fire Walking Activity will take place at Get In 2022, on
SATURDAY 21 MAY 2022 from 19:30hrs until 22:30hrs.**

Numbers for this event are limited to 100 places – first come first served!

WHAT IS FIRE WALKING?

Fire walking is the practice of walking barefoot across a bed of burning coals without getting burned. It is a powerful tool designed to help transform fear and to inspire people to do things they initially didn't think possible. It can show you that there is more to 'reality' than you think; that many limitations which people experience in life are self-imposed and that you can actually create your own reality. Blending a combination of no-nonsense, easily explainable scientific principals with proven motivational skills, it will take participants to a level of unbridled euphoric excitement.

The fire bed itself is 20' long and 3' wide and it burns at a temperature of 660°C!! The pre-fire walk training is mandatory to help prepare you to fire walk safely.

TIMETABLE

19:30	Registration
20:00	Training (mandatory)
21:00	The FIRE is lit!
21:30	Fire Walking
22:00	Debrief & Certificates

COST

It will cost you £10 to take part in the Fire Walk Activity. This is payable on booking to confirm your place.

BOOKING & CONSENT FORM

Young People and Adults welcome but the **minimum age is 14 years (on 21.5.22)**, with parental/guardian consent required for 14 and 15 year olds.

A Fire Walk Booking and Consent form can be found on the Get In website – www.getincamp.co.uk

This activity is being managed by B.L.A.Z.E. – experts in fire walking events.